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Eicosapentaenoic acid triggers Ca²⁺ release and Ca²⁺ influx in mouse cerebral cortex endothelial bEND.3 cells

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Abstract Eicosapentaenoic acid (EPA), an omega-3 fatty acid abundant in fish oil, protects endothelial cells (EC) from lipotoxicity and triggers EC NO release. The latter is related to an elevation of cytosolic Ca²⁺. Although EPA has been shown to cause human EC cytosolic Ca²⁺ elevation, the mechanism is unclear. Microfluorimetric imaging was used here to measure free cytosolic Ca²⁺ concentration. EPA was shown to cause intracellular Ca²⁺ release in mouse cerebral cortex endothelial bEND.3 cells; interestingly, the EPA-sensitive intracellular Ca²⁺ pool(s) appeared to encompass and was larger than the Ca²⁺ pool mobilized by sarcoplasmic-endoplasmic reticulum Ca²⁺-ATPase inhibition by cyclopiazonic acid. EPA also opened a Ca²⁺ influx pathway pharmacologically distinct from store-operated Ca²⁺ influx. Surprisingly,

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EPA-triggered Ca²⁺ influx was Ni²⁺-insensitive; and EPA did not trigger Mn²⁺ influx. Further, EPA-triggered Ca²⁺ influx did not involve Na⁺-Ca²⁺ exchangers. Thus, our results suggest EPA triggered unusual mechanisms of Ca²⁺ release and Ca²⁺ influx in EC.

Keywords Eicosapentaenoic acid \cdot Endothelial cells \cdot Ca²⁺ release \cdot Ca²⁺ influx

Introduction

Eicosapentaenoic acid (EPA), an omega-3 fatty acid, is a polyunsaturated fatty acid abundant in fish oil and microalgae. In addition to the latter sources, EPA can be synthesized from dietary α-linolenic acid. A number of beneficial health effects of EPA have been reported. For instance, EPA has been demonstrated to have beneficial effects on schizophrenia [1] and depression [2]. Recent evidence suggests that EPA is an antidepressant possibly because of inhibition of inflammatory cytokine production in microglia [3]. EPA can also ameliorate health status in cancer patients by inhibiting pro-inflammation cytokine production, increasing insulin sensitivity and improving calorie and protein uptake [4]. Chronic heart failure patients with dyslipidemia, have reduced inflammation, better cardiac performance and improved endothelial functions after EPA treatment [5]. EPA causes relaxation of agonist-contracted aortic rings and reduces agonisttriggered Ca²⁺ transients in aortic vascular smooth muscle of spontaneous hypertensive rats [6], in part accounting for the blood pressure-lowering effect of EPA.

Beneficial effects of EPA on endothelial cell (EC) functions have been studied. In human umbilical vein EC (HUVEC), EPA, by activating AMP-activated protein



kinase, can protect palmitic acid-induced apoptotic death, and also alleviate palmitic acid-induced inhibition of eNOS and Akt [7]. EPA enhances neovasculogenesis and cell migration of human endothelial progenitor cells in vitro by up-regulating c-kit proteins and causing phosphorylation of ERK1/2, Akt and eNOS [8]. EPA reduces basal and insulinstimulated endothelin-1 production in HUVEC [9]. EPA activates AMP-activated protein kinase, leading to enhanced eNOS phosphorylation and NO release in bovine aortic EC [10]. EPA has been shown to cause Ca²⁺ elevation in human EC, but the mechanisms for such a signal is unknown [11]. EPA directly stimulates human EC NO release [12].

In this work we investigated the effects of EPA on mouse cerebral cortical endothelial cells (bEND.3 cells). We observed that whilst EPA caused Ca²⁺ release from internal stores, it also triggered Ca²⁺ influx by opening a pathway unrelated to the store-operated Ca²⁺ channel. Interestingly, the EPA-triggered Ca²⁺ influx pathway is Mn²⁺-impermeable and Ni²⁺-insensitive.

Methods

Chemicals and cell culture

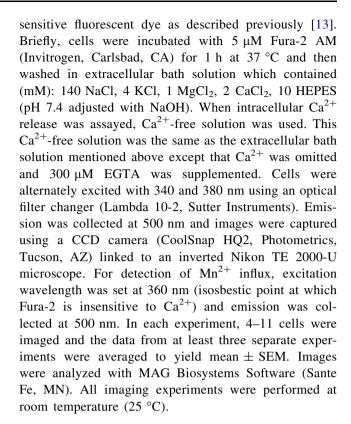
Dulbecco's modified Eagle's medium (DMEM), fetal calf serum, and tissue culture reagents were purchased from Invitrogen Corporation (Carlsbad, CA, USA). EPA and cyclopiazonic acid (CPA) were from Sigma-Aldrich. Fura-2AM was purchased from Calbiochem-Millipore. Brain microvascular bEND.3 cells were cultured in Dulbecco's modified Eagle's medium (DMEM) supplemented with 10% fetal bovine serum and 1% penicillin/streptomycin (Invitrogen).

Assay of cell viability

Cell viability was examined by the 3-(4,5-dimethylthiazol-2-yl)- 2,5-diphenyltetrazolium bromide (MTT) method. Cells were cultured in a 96-well plate at a density of $1.5 \times 10^4/$ well, and were then treated with drugs for 24 h. MTT (final concentration at 0.5 mg/ml) was subsequently added to each well and then further incubated for 4 h. The culture medium was then removed and 100 μ l of DMSO was added to each well for 15 min (with shaking) to dissolve the cells. The absorbance at 595 nm was measured using an ELISA reader and was used as an indicator of cell viability.

Microfluorimetric measurement of cytosolic Ca²⁺ and Mn²⁺ influx

Microfluorimetric measurement of cytosolic Ca^{2+} concentration was performed using Fura-2 as the Ca^{2+} -



Statistical analysis

Data are presented as mean \pm SEM. ANOVA was used to compare multiple groups, followed by Tukey's HSD post hoc test. The unpaired or paired Student's t test was used where appropriate to compare two groups. A value of P < 0.05 was considered to represent a significant difference.

Results

EPA opened a Ca²⁺ influx pathway dissimilar to store-operated Ca²⁺ entry

An experiment was performed to examine whether EPA caused cell death. As shown in Fig. 1, treatment of cells with EPA at 30 μM for 24 h did not cause cell death. As a positive control, staurosporine (1 μM) caused 58% cytotoxicity.

In experiments with extracellular Ca^{2+} , exposure of bEND.3 cells to increasing concentrations of EPA caused a concentration-dependent rise in $[Ca^{2+}]_i$ (Fig. 2a). The basal $[Ca^{2+}]_i$ was stable with time (black line). EPA-elicited elevation in $[Ca^{2+}]_i$ did not appear to be cell membrane damage, as revealed by negative trypan blue exclusion test (not shown). This finding is also consistent with results in Fig. 1 that EPA as high as



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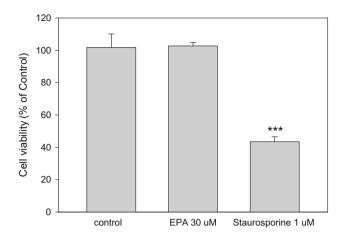


Fig. 1 EPA did not cause cell death. bEND.3 cells were incubated in the absence or presence of 30 μ M EPA or 1 μ M staurosporine for 24 h and MTT assay was performed to measure cell viability. Staurosporine was used as a positive control to inflict cell death. Results are mean \pm SEM from 4 separate experiments. ***Significantly different (P < 0.001) from control

30 μ M was not cytotoxic. EPA at 30 μ M was chosen for further studies since it has been shown to offer cytoprotection and trigger NO release and vasodilation at 10–50 μ M [14–16]. The EPA-triggered Ca²⁺ signal was smaller in Ca²⁺-free solution (Fig. 2b, black). This suggests EPA-triggered Ca²⁺ release from internal stores. Thus, the larger EPA-triggered Ca²⁺ signal in Ca²⁺-containing solution (Fig. 2b, red) suggests the later part of the signal was Ca²⁺ influx. To examine the reversibility of EPA-triggered Ca²⁺ signal, EPA-treated cells were rigorously washed for 6 min, but [Ca²⁺]_i remained elevated, suggesting that the EPA effect was not readily reversible (Fig. 2c).

In the absence of bath Ca²⁺, exposure to 30 µM EPA triggered a [Ca²⁺]_i elevation (of smaller magnitude), suggesting release of intracellular Ca²⁺ (Fig. 3a). Addition of Ca²⁺ resulted in a much larger [Ca²⁺]_i elevation suggesting influx of extracellular Ca²⁺. Since Ca²⁺ store depletion could trigger store-operated Ca²⁺ entry (SOCE), we examined whether the EPA-triggered Ca²⁺ influx was SOCE by deploying tetrandrine (TET), an SOCE blocker. We found that, rather surprisingly, TET did not inhibit the Ca²⁺ influx. We performed another set of experiments using CPA to trigger Ca²⁺ store depletion and SOCE (Fig. 3b, black line). Addition of TET substantially blocked SOCE (red line). When experiments were performed in the presence of extracellular Ca²⁺ (Fig. 3c), TET did not suppress EPA-triggered [Ca²⁺]_i elevation. By contrast, TET strongly suppressed CPA-triggered [Ca²⁺]; elevation (Fig. 3d). Taken together, the data suggest the EPA-triggered Ca²⁺ influx was dissimilar to SOCE (but see Discussion).

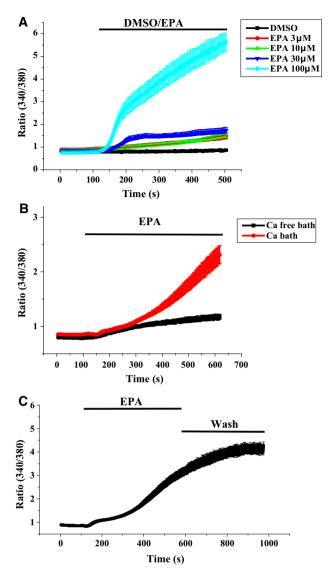


Fig. 2 EPA-triggered Ca²⁺ release and influx. **a** $[Ca^{2+}]_i$ in bEND.3 cells was monitored in Ca²⁺-containing bath solution. The cells were challenged with DMSO (*black line*) or different concentrations of EPA. **b** $[Ca^{2+}]_i$ in bEND.3 cells was monitored in Ca²⁺-containing or Ca²⁺-free bath solution. The cells were challenged with 30 μM EPA. There is significant difference (P < 0.05) between the two groups beginning at 300 s and afterwards. **c** bEND.3 cells in Ca²⁺-containing bath solution were treated with 30 μM EPA and then washed. Results are mean \pm SEM of 19–46 cells from 3 to 5 separate experiments

EPA-triggered Ca²⁺ influx pathway was Ni²⁺-insensitive and Mn²⁺-impermeable

During EPA-triggered [Ca²⁺]_i elevation, addition of 10 mM EGTA to chelate extracellular Ca²⁺ caused a decline in [Ca²⁺]_i, possibly as a result of Ca²⁺ extrusion (Fig. 4a). This is supported by the observation of the reciprocal changes in fluorescence at 340 and 380 nm after EGTA addition (Fig. 4b). It is noted from the latter figure that emission intensity at both excitation wavelengths



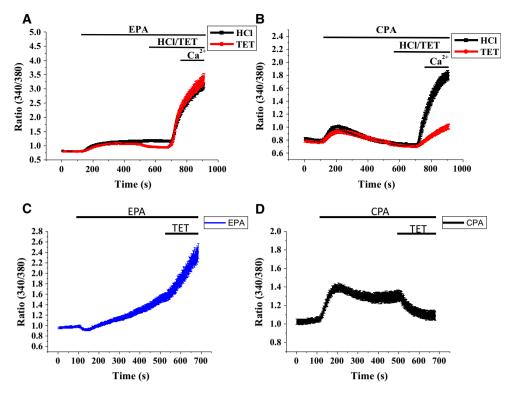


Fig. 3 EPA-triggered Ca^{2+} influx was insensitive to tetrandrine. **a** and **b**: $[Ca^{2+}]_i$ in bEND.3 cells was monitored in Ca^{2+} -free bath solution. The cells were treated with 30 μ M EPA (**a**) or 30 μ M CPA (**b**), followed by HCl (solvent) or tetrandrine (100 μ M) addition and finally replenishment of 2 mM $CaCl_2$. The final concentration of HCl was 0.33 mM, which did not significantly affect the pH of the bath

solution. There is a significant difference (P < 0.05) between the two groups beginning at 719 s and afterwards. ${\bf c}$ and ${\bf d}$: $[Ca^{2+}]_i$ in bEND.3 cells was monitored in Ca^{2+} -containing bath solution. The cells were treated with 30 μ M EPA (${\bf c}$) or 30 μ M CPA (${\bf d}$), followed by tetrandrine (100 μ M) addition. Results are mean \pm SEM of 26–44 cells from 4 to 6 separate experiments

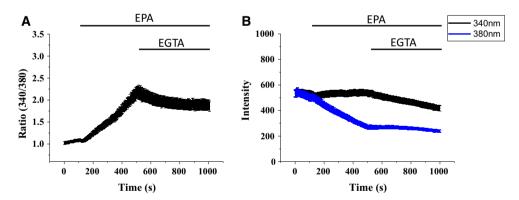


Fig. 4 Effects of EGTA on EPA-triggered Ca^{2+} influx. bEND.3 cells were bathed in Ca^{2+} -containing solution and were treated with 30 μ M EPA followed by 10 mM EGTA. **a** Fura 2 ratio. **b** Fluorescence

intensity (arbitrary units) at 340 and 380 nm excitation. Results are mean \pm SEM of 28–35 cells from 4 to 7 separate experiments

declined slowly right from the beginning, most likely due to inevitable photobleaching. If DMSO was added instead of EPA (Figs. 5d, 6d), emission intensity at both wavelengths continued to fade slowly. Thus, when compared to these DMSO controls, it becomes obvious that EPA addition caused an increase and decrease in fluorescence emission intensity at 340 and 380 nm excitation, respectively (Figs. 4b, 5b, 6b).

We examined the pharmacological properties of this EPA-triggered Ca²⁺ influx pathway (Fig. 5). Addition of 10 mM Ni²⁺ did not significantly affect EPA-triggered [Ca²⁺]_i elevation (Fig. 5a), suggesting Ni²⁺ did not block Ca²⁺ entry. This notion is supported by the observation that there was no reciprocal change in fluorescence at 340 and 380 nm after Ni²⁺ addition (Fig. 5b). Was there an influx of Ni²⁺ instead? If Ni²⁺ did enter the cell and since



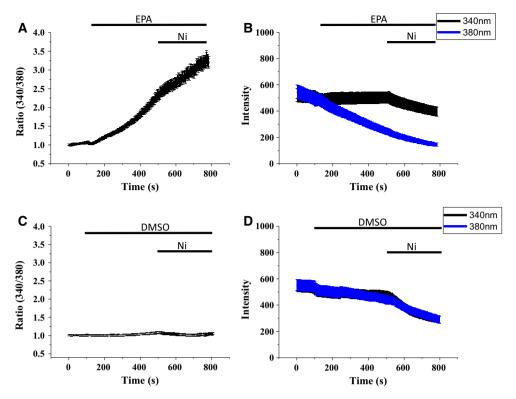
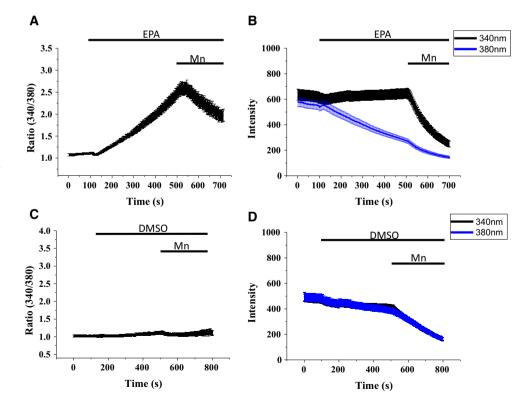


Fig. 5 Ni²⁺ did not block EPA-triggered Ca²⁺ influx. bEND.3 cells were bathed in Ca²⁺-containing solution and were treated with DMSO (a) or 30 μ M EPA (c) followed by 10 mM Ni²⁺. Fura 2 ratios are shown in (a) and (c), while the corresponding fluorescence

intensities (arbitrary units) at 340 and 380 nm excitations are shown in (b) and (d). Results are mean \pm SEM of 23–32 cells from 4 to 5 separate experiments

Fig. 6 $\,\mathrm{Mn^{2+}}$ did not permeate the EPA-triggered $\,\mathrm{Ca^{2+}}$ influx pathway. bEND.3 cells were bathed in $\,\mathrm{Ca^{2+}}$ -containing solution and were treated with 30 $\,\mathrm{\mu M}$ EPA (a) or DMSO (c) followed by 1 $\,\mathrm{mM}$ Mn^{2+}. Fura 2 ratios are shown in (a) and (c), while the corresponding fluorescence intensities (arbitrary units) at 340 and 380 nm excitations are shown in (b) and (d). Results are mean \pm SEM of 29–43 cells from 4 separate experiments





this metal ion quenches Fura-2 [17], a drop at 340 and 380 nm is expected. However, an examination revealed that the drop in fluorescence at these two wavelengths (after Ni²⁺) was similar in the absence and presence of EPA (Fig. 5d vs Fig. 5b), suggesting that Ni²⁺ influx was a leakage but not EPA-elicited.

We then examined how this EPA-triggered Ca²⁺ influx pathway was affected by Mn²⁺ (Fig. 6). Addition of 1 mM Mn²⁺ appeared to suppress EPA-triggered [Ca²⁺]; elevation (Fig. 6a). However, the expected reciprocal change in fluorescence at 340 and 380 nm (if [Ca²⁺]_i was lowered, as in the case of EGTA; Fig. 4) was not observed after Mn²⁺ addition (Fig. 6b). Instead, fluorescence at both 340 and 380 nm dropped. Since Mn²⁺ quenches Fura-2 fluorescence [18], the result suggests Mn²⁺ entry. The stronger quench at 340 than 380 nm resulted in an apparent drop in ratio. However, the drop in fluorescence at these two wavelengths (after Mn²⁺) was similar in the absence and presence of EPA (Fig. 6d vs Fig. 6b), suggesting that Mn²⁺ influx was a leakage but not EPA-elicited. Therefore, the EPA-triggered Ca²⁺ influx pathway was not Mn²⁺permeable. To verify this, we performed the Mn²⁺ influx experiment using a single excitation wavelength of 360 nm, the isosbestic point at which Fura-2 is insensitive to Ca²⁺ (Fig. 7). EPA at 30 µM did not promote but instead slightly inhibited Mn²⁺ influx; ionomycin was used as a positive control to promote entry of Mn²⁺ (Fig. 7a). EPA, even at 100 μM, did not promote but instead slightly inhibited Mn²⁺ influx (Fig. 7b).

EPA-sensitive intracellular Ca²⁺ store

The relationship between the EPA-sensitive and CPA-sensitive Ca^{2+} store was investigated (Fig. 8). In these experiments, we used a high concentration of EPA (100 μ M) to cause more substantial Ca^{2+} release. When EPA was added to the cells in Ca^{2+} -free bath, Ca^{2+} release was substantial and when CPA was added later, there was no more Ca^{2+} release. In another experiment, when CPA was added first, a subsequent EPA treatment still caused further Ca^{2+} release. These results suggest the EPA-sensitive Ca^{2+} store was larger and encompassed the CPA-sensitive one.

EPA-triggered Ca²⁺ signal was not affected in the absence of extracellular Na⁺

Next we examined whether the reverse mode of the Na⁺/Ca²⁺ exchanger (NCX) was involved in the EPA-triggered Ca²⁺ influx. To test this, EPA effects were investigated in normal Na⁺-containing extracellular bath solution or in an extracellular bath solution with NaCl completely substituted by choline chloride. The latter Na⁺-free solution was

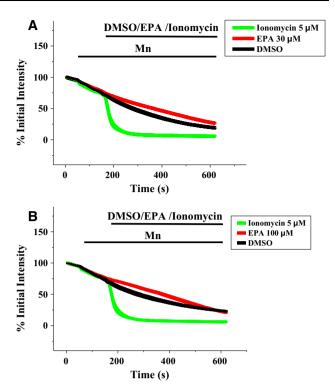


Fig. 7 EPA did not stimulate $\rm Mn^{2+}$ entry. **a** bEND.3 cells in $\rm Ca^{2+}$ -containing solution were excited with 360 nm, treated with 1 mM $\rm Mn^{2+}$ and subsequently DMSO, 30 μM EPA or 5 μM ionomycin. There are significant differences (P < 0.05) between DMSO-EPA beginning at 180 s and afterwards, and between DMSO-ionomycin beginning at 164 s and afterwards. **b** The same protocol as in (**a**) in which 100 μM EPA and respective DMSO control were added. There are significant differences (P < 0.05) between DMSO-EPA between 159 and 569 s, and between DMSO-ionomycin beginning at 164 s and afterwards. The data are normalized with the initial fluorescence reading. Results are mean ± SEM of 28–51 cells from 3 to 5 separate experiments

expected to favor the reverse mode of NCX. Results in Fig. 9 show that the EPA-triggered Ca²⁺ signal was not significantly affected in the absence of extracellular Na⁺, arguing against NCX involvement in EPA actions.

Discussion

Since the report by Okuda et al. [11] showing EPA could raise Ca²⁺ in human EC, very few works have been published showing the effect of EPA on EC Ca²⁺ signaling. Since a rise in EC cytosolic Ca²⁺ is essential in triggering NO release and hence vasodilatory effects, understanding the mechanism by which EPA raises EC Ca²⁺ is of great physiological and pharmacological interest. In this work we characterized the EPA-triggered Ca²⁺ influx pathway. Given that, in general, Mn²⁺ is a Ca²⁺ surrogate and Ni²⁺ is a Ca²⁺ channel blocker, the observation that the EPA-triggered Ca²⁺ influx pathway was Ni²⁺-insensitive and



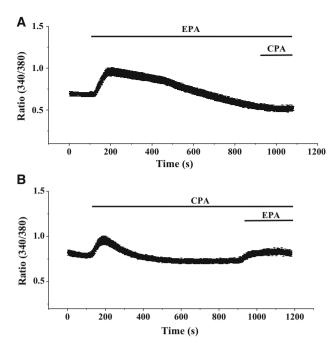


Fig. 8 EPA-sensitive Ca²⁺ pool encompassed the CPA-sensitive Ca²⁺ pool. bEND.3 cells were bathed in Ca²⁺-free solution and were treated with 100 μM EPA and then 30 μM CPA (a) or 30 μM CPA and then 100 μM EPA (b). Results are mean \pm SEM of 18–26 cells from 3 separate experiments

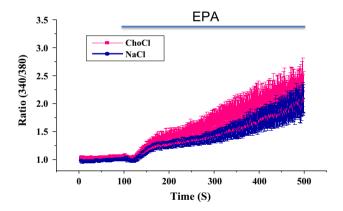


Fig. 9 EPA-triggered Ca²⁺ signal was not affected in the absence of extracellular Na⁺. bEND.3 cells were bathed in normal Na⁺-containing extracellular bath solution or in an extracellular bath solution with NaCl completely substituted by choline chloride. The cells were treated with 30 μ M EPA. There is no significant difference (P > 0.05) between the two groups. Results are mean \pm SEM of 21–23 cells from 5 to 6 separate experiments

Mn²⁺-impermeable was unusual. It is noteworthy, however, that in human EC, EPA ethyl ester-triggered Ca²⁺ influx was blocked by Ni²⁺ [12], suggesting that EPA and its ester form might have subtly different pharmacological effects. EPA-triggered Ca²⁺ influx was not due to membrane damage, as suggested by our negative trypan blue exclusion test result and cell viability assay. In fact, if EPA did cause plasma membrane damage, Ni²⁺ and Mn²⁺ might be able to

enter the cells, but they did not in the presence of EPA. We did consider whether the reverse mode of NCX provided a pathway for Ca²⁺ influx in EPA-treated cells. However, the data in Fig. 9 are inconsistent with NCX being a route for EPA-triggered Ca²⁺ influx. Indeed, EPA has been shown to inhibit both the forward and reverse activities of NCX1 expressed in HEK293 cells [19, 20].

A possible mechanism of EPA-stimulated Ca²⁺ influx is by its incorporation into the plasma membrane, increasing membrane fluidity and modulating ion channel activities. The fact that EPA effect could not be washed out (Fig. 2c) appears to be supportive of incorporation of EPA into the plasma membrane or organelles. Animals fed with EPA-rich diets have a much higher EPA percentage in the membrane phospholipids in neural tissues when compared to controls [21]. In EPA-treated aortic EC, plasma membrane fluidity, measured by 1,6-diphenyl-1,3,5-hexatriene polarization, was enhanced whilst total plasma membrane cholesterol content decreased [22]. The change in membrane fluidity, and/or EPA on its own, may modify channel activities. For instance, acute EPA treatment modulates Kv7.1 current amplitude and gating [23]. EPA also modulates L-type Ca²⁺ channel activities in rat cardiac myocytes [24]. Which ion channel(s) are modified by EPA to facilitate Ca²⁺ influx warrants further investigation (also see below).

What is also surprising is that the EPA-sensitive Ca²⁺ pool was larger and encompassed the CPA-sensitive pool. Did EPA inhibit sarcoplasmic-endoplasmic reticulum Ca²⁺-ATPase (SERCA)? The ability of EPA to further release Ca²⁺ after maximal inhibition of SERCA by CPA (Fig. 7) is not in concordance with this proposal. Further, in view of the reported enhancing effects of EPA on brain and cardiac microsomal Ca²⁺ ATPase activity [25, 26; also see below), we consider inhibition of SERCA not a likely mechanism of EPA-induced Ca²⁺ release. It is remarkable that, in contrast to our observation that EPA caused emptying of the Ca²⁺ store in EC, it increased SR Ca²⁺ content in rat ventricular myocytes [27]. Thus, other Ca2+ pools such as mitochondria and Golgi apparatus may be worth examination. Dietary EPA supplementation has been shown to enhance the level of EPA in canine myocardial microsomes [26]. It is possible that extracellular addition of EPA (as in our case) caused incorporation of EPA into organelle membranes; this may eventually facilitate "Ca²⁺ leak" into the cytosol. Intriguingly, since EPA emptied the CPA-sensitive Ca²⁺ pool, it should have activated store-operated Ca²⁺ entry; however, EPA-triggered Ca²⁺ entry was insensitive to tetrandrine, which blocked CPAtriggered store-operated Ca²⁺ entry (Fig. 3). This discrepancy is difficult to explain but it is tempting to suggest that storeoperated Ca²⁺ entry could have been activated in the presence of EPA, but channel pharmacological properties might have been altered due to EPA incorporation into the plasmalemma. This notion, of course, will need further verification.



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While EPA did not affect basal Ca²⁺ level in polymorphonuclear leukocytes, pretreatment reduced agonistinduced Ca²⁺ rise [28]. It is interesting to note that EPA effect on vascular smooth muscle Ca²⁺ signaling is suppressive. In cultured rat vascular smooth muscle cells, a 24-day exposure to EPA has been demonstrated to lower basal Ca²⁺ and blunt agonist-triggered Ca²⁺ signaling [29]. A similar finding was obtained by Asano et al. [30] in which 7-day treatment with EPA caused membrane hyperpolarization, lowered resting Ca²⁺ levels and reduced agonist-triggered Ca²⁺ signaling (both release and influx) in A7r5 rat smooth muscle cells. In the same work, it could be demonstrated that EPA is slowly incorporated into the phosphospholipid fraction with time of EPA treatment. EPA has also been demonstrated to suppress L-type Ca²⁺ channel activities and inhibit vasopressin-triggered Ca²⁺ entry and proliferation in rat vascular smooth muscle cells [30]. Through all these actions, EPA could exert hypotensive and antiatherosclerotic effects.

Not only is EPA beneficial because of reciprocal changes in smooth muscle and EC Ca^{2+} signaling, it is also antiarrhythmic as it suppresses L-type currents in adult and neonatal rat ventricular myocytes [31]. EPA, by increasing activities of cardiac microsomal Ca^{2+} ATPase and hence lowering intracellular Ca^{2+} concentration, produces antiarrhythmic effects during myocardia infarction [26].

EPA offers protection in brain too. In rabbits fed with a high cholesterol-containing diet for 45 days, brain cortical microsomal Ca²⁺ ATPase activities were reduced; such reduction could be alleviated by co-feeding with EPA [25].

In conclusion, EPA caused Ca²⁺ release and Ca²⁺ influx via unusual mechanisms in bEND.3 cells. Given the versatile health effects of EPA, it is interesting and important to study the Ca²⁺ signaling triggered by this fatty acid in EC and other cell types, whose Ca²⁺ responses to EPA are very different from those in EC.

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Compliance with ethical standards

Conflict of interest The authors declare no conflict of interests.

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